

Under the distinguished patronage of His Excellency the Right Honourable David Johnston C.C., C.M.M., C.O.M., C.D., Governor General of Canada



# Palingenesis™

n. regeneration (lit. & fig.); revival; (from Gk)

Caring for Our Own™

VOLUME 12 ISSUE 3

Fall 2012

## COUNCIL UPDATES STRATEGIC PLAN PRIORITIES

The Board of Directors swung into action on PAL's newly updated *Strategic Plan* at their 24 September meeting. Immediate goals were set to enlarge our sphere of influence through several layered strategies including effective fundraising through our natural, national partnerships and sponsorships. The success of our collaboration with *Theatre 20* and the *BMO Love Affair* event of last February demonstrates how such cooperation might proceed to shared success. Talks are already underway with officials at *Bank of Montreal* regarding further prospects and meetings will be entered into with other organizations in the coming weeks.

Close consultation with the chapters ensure that specific initiatives being undertaken to expand support and membership of both the national organization and the chapters work for both organizations. All Chapters will be personally informed by Acting President *Jane Heyman* of PAL Canada's plans and how chapters will be enabled to benefit. A Paper on membership expansion is in the works and will be part of the discussions.

Structures will be put into place to ensure all of PAL is consistent in its approach and delivery of the PAL philosophy, speaking with one voice throughout Canada; capitalizing on the "strength of the collective".

### ACTRA FRATERNAL'S RIFF PARTY TIME

During the summer months *Actra Fraternal Benefit Society* hosts special gatherings throughout Canada for RIFF (*Registered Retirement Income Fund*) members. The photo below shows Halifax "Riffers" enjoying dinner at *Royal Nova Scotia Yacht Squadron*.



L to R around the table: Gloria Langlands, Ron Hill, Elizabeth Lambie, Jane Nelson, AFBS Members Services, CEO Bob Underwood and wife Wendy, Thor Bishopric Chair Fraternal Bd. of Governors, Nancy MacDonald, Karine Renton, Mary Adams, Orest Ulan, Maria Bishopric & daughter Teale.

Photo Credit: DAM

### PAL OTTAWA IS NEWEST CHAPTER

The old, Interim Board was collapsed and a, *Founding Board* installed as PAL added its eighth Chapter on the 24th of September in the Nation's Capital.

The event took place before an invited audience of potential members and volunteers.

An official launch is planned for 13 Nov. in the offices of the *Council for the Arts in Ottawa*.

Ed- See Chapter Notes, Page 4

### WILL SASKATCHEWAN BE FAR BEHIND ?

We just heard -well, overheard- that a number of artists in the robust city of *Saskatoon* have started musing about the possibility of a *PAL Saskatoon*.

Early days, but we'll watch this with interest!

### NEW MANAGER FOR STUDIO THEATRE

*Melanie Wickes* has joined PAL Vancouver as their new Theatre Manager with responsibility for the *PAL Studio Theatre* and the *Pat Armstrong Lounge*.

Melanie worked most recently with the *Vancouver Playhouse Theatre Company* and the *Vancouver International Wine Festival*.



She looks forward to working with local companies, artists and PAL residents and supporters at PAL Van's unique and versatile space.

## ITERATIONS AND REITERATIONS

*The moving finger writes.....*

Sometimes dragging a response from members is worse than pulling teeth. It seems that satisfaction or dis-satisfaction is entirely dependent on hitting the respondent in exactly the right spot, with the correct question at the right time of day.

It would appear from our recent website survey however that you are relatively happy with what appears in *Palingenesis* in most categories, and appreciative of the work that goes into each Issue of our newsletter. In addition, some weeks ago we conducted our own small, local survey amongst *PAL Halifax* readers. Information of some interest was generated there too.

While, again, there was general satisfaction, we did receive suggestions regarding those things that make our volunteer organization unique; especially things that members already knew but about which they would like to be reminded and have reconfirmed from time to time. One of these was the notion of the universality of PAL services. What does that mean?

PAL is a pan-national organization. Our hope is to be able to provide advice and assistance wherever and whenever it is needed, a desire not always able to be met because of the limited reach of our *Chapters* and existing *Supporting Cast* capabilities and, for certain, the limitations of present financial resources. All of PAL's services, however, are technically available to any member of the Arts Community able to access them and to meet the qualifying criteria of any Chapter along with any required government regulations.

Another inquiry asked, "Is PAL only for professional performers?" The answer is, in short, "No!" PAL appears to cater mostly to performers simply because performers form the overwhelming majority of PAL Members and volunteer workers. The Constitution has long included anyone with any connection to the performing arts, from scene painters to writers, directors, PR personnel to box office workers and many others. In practical terms, many recipients of may be only remotely connected to the performing arts and, in many cases, are not members of PAL. Many are simply older members of the Arts Community in various disciplines. The governing rule is that they have or had some arts' connection, are an "older artist" and have need of PAL's services, help, facilities or advice.

We would love to hear from you with your questions and suggestions. Remember, this wholly volunteer organization can use such support and, should you be able to do so, use your volunteer assistance in the many ways PAL is constantly improving & expanding on our motto: *Caring for our Own*.

*And having writ moves on.....*

### LETTERS

*Editor: Re Summer Issue*

Want to applaud your editorial on volunteerism again! Thank you for telling it like it is! Here's hoping it inspires a few more valued volunteers!

Also, I tried to respond to the survey online, but was unable to do so!

*-Peggy Mahon*

*Ed.: Sorry. We should have said, "E-mail your written survey responses to us"*

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*Editor:*

I'm impressed with the newsletter. Informative and personal.

*-Brenda O'Donnell*

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## VIEW FROM THE (ACTING) PRESIDENT’S OFFICE



Jane Heyman - Acting Prez

Years ago, I first met many of my current PAL Canada colleagues when I served on the National Council of *Canadian Actors’ Equity*. I always left our meetings inspired and energized by the knowledge that despite regional differences, quirks and idiosyncrasies, we had so much in common. Most importantly we shared a passion for the performing arts and improving the lives of working artists. Even as we struggled and were challenged by circumstances, I was buoyed by the knowledge that my colleagues across the country were often dealing with the same issues as we were in B.C.

Being on the *Board of Directors* of PAL Canada for the last 10 years gives me the same kind of energy and inspiration. Whether we’re celebrating or commiserating, I get strength from the knowledge that there are now 8 chapters snuggled under the umbrella of PAL Canada—all of us committed to “taking care of our own”, and sharing our best practices as well as our blunders as we strengthen our profession and provide assistance for our colleagues and friends.

Congratulations and a hearty welcome to our newest chapter, *PAL Ottawa* which held its inaugural meeting in Ottawa, as the rest of us were attending a Board meeting in person and via conference call.

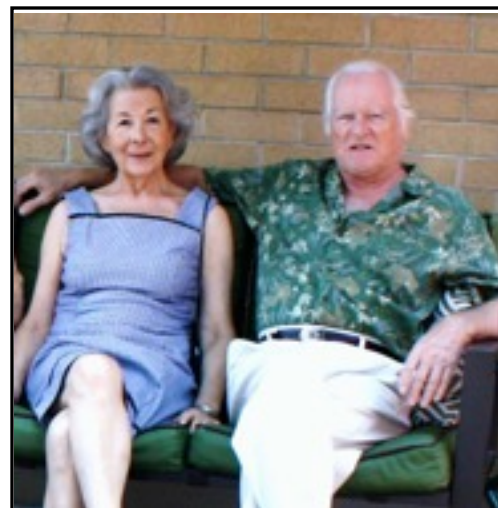
The PAL Canada board has spent the past few months reworking our strategic plan, focusing specifically on how to make the organization more cohesive, relevant and strong across the country. Our big picture goals are: speaking with one voice – capitalizing on the strength of the collective and expanding our sphere of influence while continuing to expand and improve on our educational support and opportunities. At our most recent meeting we approved a plan to convert these ideas into action. I look forward to reporting more to you in the coming months.

## FOUNDING PRESIDENT HONOURED BY PAL TORONTO

The man credited with spearheading the founding of PAL Canada in 1986 and leading it through it’s initial stages, **Roy Wordsworth**, has had a terrace named in his honour at *Pal Place* in Toronto. The event took place July 6th as a result of an initiative undertaken by **Dale Barnes** and several other residents. Their creation is on the 9th Floor of Pal Place, the very first PAL lodge to be established, and is now open to all PAL residents.

Roy was able to be present for the dedication, accompanied by his wife Naomi. They are shown in the photo (Right). A number of old friends and other residents also attended the ceremony.

Naomi and Roy have lived in their 9th Floor apartment at Pal Place since the building opened in 1993. Speaking of the need for better assistance to older artists during the early years, our First PAL President is often quoted saying, “PAL was an idea whose time had come.”



Naomi and Roy Wordsworth enjoy the view from the Roy Wordsworth Terrace  
-Photo: Norman Hart





A few exciting things to report:

**AGM** - Held our AGM on Sunday, September 23 at the *Bus Stop Theatre*, a stone's throw from the site of our [hopefully] future home in Halifax's North End. Our partner, *Nova Scotia Housing Trust*, has been busy filing the necessary paperwork, working towards establishing a timeline for the future of the building.

**SWTS** - Our *Scrabble with the Stars* fundraiser is postponed to Friday, 25<sup>th</sup> October, 2013 at the *Halifax World Trade and Convention Centre*. On the top floor, overlooking the *Grand Parade* and lovely downtown Halifax, we look forward to a battle of wits and many laughs.

**Fall Fundraiser** - This year, PAL Halifax's fundraiser will be an evening performance of *Fishing*, a new play by PAL Halifax Chair, Jeremy Webb, at *Neptune Studio Theatre* Sunday, 18 Nov, 2012 at 8pm. Many thanks to Jeremy for this opportunity to raise funds for PAL while enjoying a hilarious new Nova Scotian play.

**Welcome Samuel Webb** - Our Board sends a hearty congratulations to Jeremy who welcomed his first child, *Samuel* in June. Think of how many trips to the theatre that little guy will make before he ever starts school!

**Ann is Back** - Finally, we are delighted our Administrator, *Ann Pocket*, has returned! Allowing for an active pair of BEAUTIFUL 1-year olds, Ann will ease back into her role with Board support in filling in the blanks ...and asking her patience when she must remind us to do so.

-Nancy Morgan



Performing Arts Lodges  
Toronto

PAL Toronto is pleased to have added 3 new members to our Board of Directors

at our last GM. John Colbourn, Paul Iby & Sandi Ross were all elected by our membership and we look forward to utilizing their wealth of experience, talent & dedication in the arts community as we work together to make each day a better one at PAL.

Our *Supporting Cast* Health Services Coordinator continues to offer our residents on-going Healthy Living Workshops - Fall 2012 topics will include the consequences of excess salt & sugar intake; a tour of our local St. Lawrence market to assist residents with choosing healthier foods on a tight budget; the health benefits of cooking with Herbs & Spices & our semi-annual Clothing Drive.

- Kate Barris & Corey Henry



## STRATFORD

**PAL Place, Stratford** - The Building permit was issued on June 21 and construction started the following day. The five units of affordable housing are now taking shape. Over 10 tons of debris have been removed and placed in landfill. Usable materials are being recycled through *Habitat for Humanity*.

**Volunteers Pitch In** -Vic and Amanda Ryan have been on site pretty much on a daily basis removing wallpaper, drywall and partitions, and a number of other PAL members have been dropping in to assist in various ways: in the garden and in the house. All of which is greatly appreciated.

**Electrical and Plumbing** -This work is done and hydro and water services brought into the building underground. The hydro line is in, drywalling being finished, interior designers making decisions. Work should be complete by November. All of this, as well as relations with City Hall, have been very capably overseen by *Gordon Sherwin*, Building Committee Chair.

**Tenant Selection Committee** -Chaired by *Aggie Elliott*, this recently established committee will develop application forms and review applications for residency at PAL Place, 101 Brunswick.

Since the accommodation is defined as "affordable housing", eligibility will include a "maximum income limit". If you are interested in applying for residency, contact PAL Stratford, Tenant Assessment Committee, P.O. Box 21045, Stratford, N5A 7V4.

- John Banks & Sarah Drake

## PAL OTTAWA



Ottawa became an incorporated, official PAL Chapter on 24 Sep/12, when, before an invited audience of potential members and volunteers, the *Interim Board* voted itself in as the *Founding Board* - and, we hope, picked up a few new Directors from the floor.

**Mission Statement Work** - We would have achieved Chapter status earlier, but were concerned to produce a Mission Statement which remained loyal to our roots among Performing Artists but did not exclude Visual Artists. We now have PAL Canada's blessing on a reference to 'Ottawa-Gatineau's professional performing arts community and allied artists'.

**Bilingualism** - We announced a developing policy of bilingualism.

**Reception Planned** - Next: Our launch to the National Capital's wider world (especially of potential donors) at a reception on 13 November at the offices of the *Council for the Arts in Ottawa* from 5-7pm.

You're more than welcome to join us.



PAL WINNIPEG has had a busy year but little activity to report on during the summer. As a result Chapter Notes were not expected from the Chapter in time for this Fall Issue.

However, *Rea Kavanagh*, PAL Winnipeg's President and driving force, writes that the executive met in August to discuss their Housing Survey results. It has not been encouraging and "we are frankly wondering if there is a substantial housing need and who in fact we are serving. Government funds are very tight here and unless there is a more urgent sense of need in our community, we will not be in a position to build in the near future."

The full Board is meeting in October for a visioning session and in order to evaluate next steps. No drastic plans to "wrap up" the Winnipeg Chapter, but the wheel spinning is deflating morale and we need to identify our purpose beyond the securing of a property – especially as few winnipeg artists seem keen on moving in.

If this sounds negative, it shouldn't. I am actually thinking of it as more of a seismic shift in activity which may reveal a far more cohesive and housing-focused community than we have seen to date.

-*Rea Kavanagh*



**PAL Calgary**

Things are bubbling again in Calgary as meetings are held to reassess and reinvigorate the Chapter.

More is expected for our next installment.



**PAL EDMONTON  
(Artists Urban Village)**

We are still anxiously awaiting the

completion of our Feasibility Study. Any day now....

When we have it in hand we will be gearing up to enter the marketing phase and learn if this project is actually going to respond to the needs of the arts community. City Council will be considering their further commitments and we will begin approaching other levels of government and private foundations. It will be a busy fall!

- *Linda Huffman*



Much has been happening at PAL Vancouver in the past little while. A lot of that activity can be found in several stories elsewhere in these pages.

Here are a couple of photos, courtesy of *Ellie O'Day*, showing the September 3 Board of Trustees annual **Labour Day Salmon BBQ** for residents and close friends of PAL Vancouver. Past President *Keith Martin Gordey* donated his legendary marinade recipe and the salmon was accompanied by pot luck dishes from residents on a lovely sunny evening.



*Good food, good friends, good conversation and a good evening on PAL Vancouver's Terrace. All that and overlooking the harbour to boot!*



*Jane Heyman, PAL Canada's Acting President, Jacques St. Cyr, Rosy Frier Dryden, and Pam Hawthorn. share a meal and stories at the PAL Vancouver Board of Trustees' Annual Labour Day Salmon BBQ.*





Exec. Director Paul Shaw

## NOTES FROM THE EXECUTIVE DIRECTOR'S DESK

Since the launch of our “new look” website in June, improvements continue to be made under the skillful hands of *Dominic Clarke* and *Chris Hutcheson*. Priority focus is now on the legacy document area, which will assist chapters both old and new.

Four applicants have been interviewed for a proposed *Intern Position* but a suitable candidate has not yet been found.

Meetings are being held with our contact at the *Bank of Montreal* to discuss the 2<sup>nd</sup> Annual “*Love Affair*”.

We are assembling the documentation to pursue the organizations, associations and societies from which we receive annual donations. We realize that the world of donations is becoming increasingly difficult to crack but we are investigating creative quest ideas. We need everyone’s help in this area, particularly when it comes to approaching new clients with whom members of the Board of Directors have relationships. The new revised *Strategic Plan* addresses this situation.

Our colleagues in Ottawa have been successful in their efforts to incorporate and are now focused on gaining charitable status. We expect they will officially join our family in the near future. *(They just did. See the Front Page. -Editor)*

The concept of having representatives from PAL Canada travel to the chapters is under active discussion. To that end we have created a number of preliminary budgets which will be useful in requesting funding assistance for these trips.

### ROOFTOP HARVESTING

The August sun streamed down on the PAL Van rooftop greenhouse and garden. Plants were at their peak with an abundance of rosemary, dill, basil, tarragon, chard, tomatoes, peppers and three kinds of lettuce.

Here, in the early evening, just outside the PAL Studio Theatre,



Photo: Yvonne Adalian

**Laurie MacKenzie** (Left) and **Lorna Schwenk** (Right)

enjoy gathering herbs and lush tomatoes to add to a fresh salad. Laurie, Lorna, and **Yvonne Adalian** (our

photographer) are members of PAL Vancouver’s Garden Committee. They care for the greenhouse and garden, and work with a team of volunteers who weed, compost and water by hand year round.



Photo: Yvonne Adalian

### CSARN TALKS OF MENTOR PLANS

The Board of Directors of the *Canadian Senior Artists Resource Network (CSARN)*, a grouping of organizations established over a year ago to expand services to senior artists, is considering plans for the possibility of sponsoring a mentoring programme. Discussions are in the initial stages but, if the project is deemed feasible, a plan to match older artists with those desiring their mentoring expertise could be under way sometime next year. The scheme would probably involve both government and private financing and, as Ontario Government agencies will be involved, would be initially launched in that Province. If a number of requirements can be met and the trial programme proves its need and doability, the plan would be expanded across Canada.

Senior members of the Arts “mentors)” would be compensated according to a yet-to-be decided fee structure, while the “mentees” could also receive some financial assistance.

A discussion paper is before the Board of CSARN and has been accepted in principle. Further talk are necessary to tackle the nitty-gritty of implementing such a project, but we have hopes it might prove of benefit to our colleagues.

## JEREMY WEBB IS SOLO PALIFAX PREZ

Following the resignation of his co-Chair *Eric Stotts* for family reasons in September, *Jeremy Webb* has agreed to undertake sole responsibilities for the Office. His election was confirmed at the recent PAL Halifax AGM.



A non-stop performer, writer, director and producer, Jeremy is also *National Councillor* for the *Maritimes Branch* of the *Alliance of Canadian Cinema, Television and Radio Artists (ACTRA)*.

## Walk for PAL October 9 to 15

**PAL Vancouver** supporters are walking a cumulative total of 4,800 virtual kilometres - all the way from their own neighbourhoods to the virtual bright lights of Broadway - and raising \$15,000 or more for PAL along the way. Have you registered to walk yet? Download pledge forms, register, and sponsor a walker today at [www.walkforpalvancouver.com](http://www.walkforpalvancouver.com).

It's a great big hairy audacious goal, no question. Will Pal Van make it? Supporters say, "You bet we will!" Between Oct 9 and 15 follow the stories, photos and updates on the above website. The virtual *Bound for Broadway* idea is a theme and destination that honours and leverages the creativity, compassion, and sense of fun that are PAL's hallmarks.

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Michael Burgess (L) congratulates the Scotiabank table and its star, Gordon Pinsent (2nd from L) winners of the evening's highest table score.  
Photo: Gerry Salsberg

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This year's *Scrabble® With the Stars* was once again the best gala in town. Held at the beautiful new *Arcadian Loft*, *PAL Toronto's* annual fundraiser brought together over 150 friends and supporters, including our wonderful hosts *Jeanne Beker* and *Barry Flatman*, and veteran actor and *Pal Place* resident *Paul Soles*, who spoke passionately about life at PAL and why the funds raised through *SWTS* are so important.

Thanks to all the stars, sponsors, volunteers and supporters who helped make this year's event a financial and critical success.

## BEING AWARE OF OPPORTUNITIES

**Howard Jang**, Executive Director, *Arts Club Theatre Company*, had the opportunity to make a donation to a charity of his choice as part of his legacy as Chair of *Tourism Vancouver*.



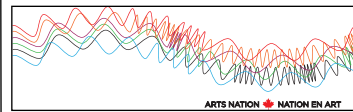
Howard Jang

Howard has been active with PAL Van since its inception, providing invaluable leadership and support particularly on the *Board of Trustees* and *Governance Committee*.

He chose PAL Vancouver and announced a contribution of \$1,000 to PAL at *Tourism Vancouver's* June 7th AGM.

His contribution demonstrates the value of maintaining awareness of PAL's work and is an inspiration to all PAL Supporters everywhere.

## ARTS NATION



This year, the *Governor General's Performing Arts Awards* celebrated its 20th anniversary. The

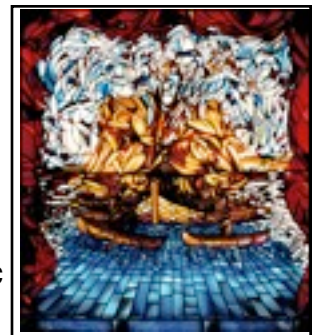
administrating Foundation set itself an audacious goal. By Canada's 150th birthday, and the *GGPAA* 25th anniversary, in 2017, the whole country, indeed the whole world, will know Canada as *ARTS NATION*.

The Foundation is inserting the language into the Canadian conversation. Look for the above logo to become more and more visible as arts organizations make use of it.

Check out their website at: [ggpaa.ca/arts-nation.aspx](http://ggpaa.ca/arts-nation.aspx)

## LITTLE SUPPORT FOR GREETING CARDS

Unfortunately, sales of *Artists' Greeting Cards*, a *Castle Publishing* project to provide a fundraising vehicle for PAL, have been almost non-existent this year. As a result, no profits have been funnelled into PAL's coffers.



Theatre of Neptune - Art Glass Installation by Ira Ginsberg

The publisher creates cards displaying the artistic works of PAL members such as *Gordon Pinsent*, *Desmond Scott* and several others, making them available for sale with all profits going to support the work of PAL everywhere.

The cards, in full colour and with envelopes, are used as 'occasional' notes, for opening nights, holiday greetings, invitations, etc. in fact, as their motto suggests, useful for all those times *When Only a Written Note will Do*.

Castle Publishing is reorganizing the card project. Meanwhile, cards are still available for viewing and for purchase online at [toramarts.ca](http://toramarts.ca) and from *Norman Hart*, at 416-886-5465, *Pal Place*, Toronto.

# EVENTS

What's Coming Up in PAL Chapters

## PAL VANCOUVER

Until 30 Sept ←

### HEROES

By Tom Stoppard

PAL STUDIO THEATRE

⇒UNTIL 30 SEPTEMBER←

\*\*\*\*\*

## PAL STRATFORD

15 October

EXPECT THE EXTRAORDINARY  
(and Silent Auction)

Avon Theatre

*\*Hosted by Lucy Peacock\**

Ticket \$50, \$35 and \$20

*through  
Festival Box Office or PAL Stratford Board Members*

## PAL OTTAWA

13 November

LAUNCH RECEPTION

at offices of the  
Council for the Arts in Ottawa  
Time: 5 - 7 pm

\*\*\*\*\*ALL WELCOME\*\*\*\*\*

## PAL HALIFAX

November 18

PAL FUNDRAISER

**\*SPECIAL PERFORMANCE\***

### FISHING

at Neptune Studio - 8pm  
Performance Donated by Jeremy Webb

\*\*\*\*\*

Please Note:

October's Scrabble® With The Stars  
has been postponed

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